

Recipe - Broccoli salad



Ingredients

Julienned or coarsely grated carrot, celery, broccoli and sesame salad dressing

Directions

1. Wash all of your veggies.
2. Bring a medium pot of salted water to a boil.
3. Cut the broccoli florets into bite-sized pieces and thinly slice the stems. Have a bowl of ice water ready.
4. Cook the broccoli in the boiling water until crisp-tender, about 3 minutes. Add the carrots and celery and cook 30 seconds more.
5. Drain the veggies and submerge in the ice water to stop the cooking. Drain well and pat dry.
6. Put it a plate on top with sesame salad dressing.



Tips

Can add toasted walnuts, raisins or cooked bacon bits for extra flavour.